RIDGE OAK
SENIOR HOUSING

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 **Lunch** Tabbouleh Salad Turkey, Bacon and Cheddar on a Pretzel Roll Potato Chips Brownie	3 	4 **Bernard's Café** Tossed Salad Meatloaf Carrots Mashed Potatoes Oreo Mousse	5 **Lunch** Kale and Pasta Salad Bacon & Cheddar Quiche Crunchy Vegetable Salad Lemon Bar	6 Goat Cheese and Green Salad Breaded Chicken Cutlet on a Roll Roasted Red Peppers Honey Mustard Herb Potato Salad Fruit Salad	7 
8	9 Lobster Bisque Stuffed Flounder Pea and Mushrooms Brown Rice Napoleon Cake	10 Tomato Cucumber Salad Cheeseburger Creamy Coleslaw Wedge Fries Cheesecake	Veterans Day 11 **Asian Delight** Wonton Soup Pork Lo Mein Vegetables Rice Crunchy Noodles Almond Cookies	12 **Lunch** Tomato, Mozzarella, & Basil Salad BBQ Pulled Chicken on Slider Rolls Signature Slaw Black and White Cookies	13 Tri Color Salad Vegetable Lasagna Garlic Knots Key Lime Pie	14
15	16 Vegetable Soup Salisbury Steak Grilled Vegetables Cornbread Stuffing Chocolate Cake	17 **Birthday Dinner** Tossed Salad Cranberry Bourbon Baked Ham Roasted Asparagus Mashed Potatoes Cupcake	18 **Ridge** Caesar Salad Stuffed Shells Italian Bread Cannoli	19 **Lunch** Couscous Salad Tuna Salad over Greens Dinner Roll Apple Pie	20 Italian Wedding Soup Chicken Pot Pie Mango Mousse Cake	21
22	23 Seafood Chowder Panko Tilapia Rosemary Root Vegetables Potatoes Au Gratin Lemon Meringue Pie	24 **Thanksgiving Dinner** Thanksgiving Soup Roasted Turkey Gravy Cranberry Sauce Green Beans Mashed Potatoes Herb Stuffing Pumpkin Pie	25 	26 	27 	28 
29 	30 Protein Packed Salad Chicken Francese Roasted Brussel Sprouts Whipped Sweet Potatoes Pecan Pie					

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