Monday	Tuesday	Wednesday	Thursday	Friday
No Meal 1 Labor Day	2 Seafood Chowder Panko Tilapia Rosemary Root Vegetables Potatoes Au Gratin Fruit Tart	Asian Delight Wonton Soup General Tso's Chicken Vegetables Rice Crunchy Noodles Almond Cookies	Lunch Fruit Salad Bacon and Cheddar Quiche Signature Slaw Black and White Cookies	No Meal Summer Picnic 12 Noon Felmeth Hall
Protein Packed Salad Chicken Francese Parmesan Crusted Cauliflower Whipped Sweet Potatoes Mango Mousse Cake	Birthday Dinner Butternut Squash & Apple Soup Beef Short Ribs Roasted Brussel Sprouts Baked Potato Chocolate Cupcake	Ridge Caesar Salad Eggplant Parmesan Italian Bread Cannoli	Lunch Pesto Pasta Salad Turkey Club with Bacon on Rye Potato Chips Brownie	Manhattan Clam Chowder Crab Cake Sauteed String Beans with Shallots Roasted Red Potatoes Cherry Pie
Goat Cheese and Greens Salad Italian Seasoned Flounder Sautéed Green Beans Brown Rice Napoleon Cake	Caesar Salad Stuffed Shells Broccolini Garlic Knots Blueberry Pie	17 <u>Bernard's Café</u> Tossed Salad Meatloaf Carrots Mashed Potatoes Oreo Mousse	Lunch Tabbouleh Salad Breaded Chicken Cutlet on a Roll Roasted Red Peppers Honey Mustard Chips Lemon Bars	Summer Delight Salad Baked Ham Balsamic Brussel Sprouts Roasted Herb Potatoes Manhattan Chocolate Cake
1st Day of Fall Lobster Bisque Pomegranate Glazed Salmon Butternut Squash with Sage Rice Pilaf Apple Pie	23 Quinoa & Spinach Salad Vegetable Lasagna Garlic Knots Very Berry Pie	Asian Delight Spring Roll Pork Lo Mein Vegetables Crunchy Noodles Almond Cookies	Lunch Fruit Salad Hot Beef Sloppy Joes Creamy Coleslaw Slider Rolls Chocolate Chip Cookies	26 Italian Wedding Soup Chicken Pot Pie Key Lime Pie
Lunch Cous Cous Salad Honey Nut Chicken Salad Over Greens Dinner Roll Cherry Pie Tomato, Mozzarella and Basil Salad Philly Cheesesteak Grilled Asparagus Wedge Fries Chocolate Mousse Cake September 2025 Ridge Oak Menu				

Call 908-221-0266, email srivers@ridgeoak.org, or use the Touchtown app to sign up.