

Monday

Tuesday

Wednesday

Thursday

Friday



<p>5  <b>Minestrone Soup</b>  <b>Orange Glazed Baby Back Ribs</b>  <b>Brussel Sprouts w/ Maple Bacon</b>  <b>Potatoes Au Gratin</b>  <b>Mango Mousse Cake</b></p>	<p>6  <b>Kale and Pasta Salad</b>  <b>Lemon Caper Shrimp</b>  <b>Peas and Mushrooms</b>  <b>Whipped Sweet Potatoes</b>  <b>Napoleon Cake</b></p>	<p>7  <u><b>Asian Delight</b></u>  <b>Spring Roll</b>  <b>Pork Lo Mein</b>  <b>Vegetables</b>  <b>Crunchy Noodles</b>  <b>Almond Cookies</b></p>	<p>8  <u><b>Lunch</b></u>  <b>Cucumber, Sour Cream and Dill Salad</b>  <b>Corned Beef Reuben</b>  <b>Creamy Coleslaw</b>  <b>Chips</b>  <b>Lemon Cookies</b></p>	<p>9  <b>Goat Cheese and Greens Salad</b>  <b>Turkey Burger</b>  <b>Pickles</b>  <b>Wedge Fries</b>  <b>Apple Pie</b></p>
<p>12  <b>Vegetable Soup</b>  <b>Beef Empanadas</b>  <b>Grilled Vegetables</b>  <b>Mexican Rice</b>  <b>Manhattan Chocolate Cake</b></p>	<p>13  <u><b>Valentine's Dinner</b></u>  <b>Tri Color Salad</b>  <b>Fig and Brie Stuffed Chicken</b>  <b>Roasted Carrots and Pistachios</b>  <b>Truffle Roasted Potatoes</b>  <b>Valentine Day Cookies</b></p>	<p>14  <u><b>Ridge</b></u>  <b>Caesar Salad</b>  <b>Eggplant Parmesan</b>  <b>Italian Bread</b>  <b>Cannoli</b></p>	<p>15  <u><b>Lunch</b></u>  <b>Cucumber Tomato Salad</b>  <b>Philly Cheese Steak</b>  <b>Signature Slaw</b>  <b>Cherry Pie</b></p>	<p>16  <b>Lobster Bisque</b>  <b>Tilapia Almondine</b>  <b>Broccoli Rabe</b>  <b>Potato Leek Torte</b>  <b>Dolly Sin Cake</b></p>
<p>19  <b>No Meal</b></p>	<p>20  <b>Italian Wedding Soup</b>  <b>Chicken Cordon Bleu</b>  <b>Grilled Asparagus</b>  <b>Brown Rice</b>  <b>Cupcake</b></p>	<p>21  <u><b>Bernard's Cafe</b></u>  <b>Tossed Salad</b>  <b>Sliced Pork Roast</b>  <b>Carrots</b>  <b>Mashed Potatoes</b>  <b>Oreo Mousse Cake</b></p>	<p>22  <u><b>Lunch</b></u>  <b>Fruit Salad</b>  <b>Turkey Sloppy Joe w/ Russian Dressing on Rye</b>  <b>Pickles</b>  <b>Chips</b>  <b>Black and White Cookies</b></p>	<p>23  <b>New England Clam Chowder</b>  <b>Citrus Glazed Salmon</b>  <b>Sauteed Green Beans and Shallots</b>  <b>Roasted Fingerling Potatoes</b>  <b>Key Lime Pie</b></p>
<p>26  <b>Split Pea Soup</b>  <b>Beef Brisket</b>  <b>Honey Glazed Carrots</b>  <b>Truffled Potatoes</b>  <b>Lemon Meringue Pie</b></p>	<p>27  <b>Wild Mushroom Soup</b>  <b>Chicken Kiev</b>  <b>Roasted Asparagus</b>  <b>Rice Pilaf</b>  <b>Napoleon Cake</b></p>	<p>28  <u><b>Ridge Pizza</b></u>  <b>Caesar Salad</b>  <b>Ziti and Meatballs</b>  <b>Italian Bread</b>  <b>Cannoli</b></p>	<p>29  <u><b>Lunch</b></u>  <b>Tomato Soup</b>  <b>Pulled Pork</b>  <b>Signature Slaw</b>  <b>Crunchy Vegetable Salad</b>  <b>Whoopie Pie</b></p>	

Call 908-221-0266, email [srivers@ridgeoak.org](mailto:srivers@ridgeoak.org), or use the Touchtown app to sign up.