

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Seafood Chowder Panko Tilapia Peas and Mushrooms Potatoes Au Gratin Fruit Pie	2 Asian Delight Wonton Soup General Tso's Chicken Vegetables Rice Crunchy Noodles Almond Cookies	3 Lunch Fruit Salad Bacon and Cheddar Quiche Signature Slaw Black and White Cookies	4 Quinoa & Spinach Salad Vegetable Lasagna Garlic Knots Red Velvet	
6  LABOR DAY	7  NO MEAL	8 Protein Packed Salad Chicken Francese Grilled Vegetables Potato Leek Torte Mango Mousse Cake	9 Bernard's Café Tossed Salad Meatloaf Carrots Mashed Potatoes Oreo Mousse	10  Annual PICNIC begins at 12pm	11  NO MEAL	12
13	14 Birthday Dinner Vegetable Soup Beef Short Ribs Roasted Brussel Sprouts Whipped Sweet Potatoes Chocolate Cupcake	15 Italian Wedding Soup Chicken Pot Pie Key Lime Pie	16 Ridge Caesar Salad Eggplant Parmesan Italian Bread Cannoli	17 Lunch Pesto Pasta Salad Turkey Club with Bacon on Rye Potato Chips Brownie	18 Manhattan Clam Chowder Crab Cake Sautéed String Beans with Shallots Roasted Red Potatoes Cherry Pie	19
20  Yom Kippur DAY OF ATONEMENT	21 Yom Kippur Dinner Date and Honey Roasted Apples Beef Brisket Green Beans with Roasted Parsnips and Carrots Potato Latkas Marble Cake	22 Caesar Salad Stuffed Shells Grilled Asparagus Garlic Knots Chocolate Blackout Cake	23 Asian Delight Spring Roll Pork Lo Mein Vegetables Crunchy Noodles Almond Cookies	24 Lunch Cous Cous Salad Honey Nut Chicken Salad Over Greens Dinner Roll Lemon Bars	25 Summer Delight Salad Baked Ham Balsamic Brussel Sprouts Roasted Herb Potatoes Manhattan Chocolate Cake	26
27	28 Chicken Noodle Soup Chicken Tenders w/ Sweet and Sour Sauce Honey Glazed Carrots Truffled Potatoes Lemon Meringue Pie	29 Lobster Bisque Pomegranate Glazed Salmon Butternut Squash with Sage Rice Pilaf Cheesecake	30 Ridge Caesar Salad Ziti and Meatballs Italian Bread Cannoli			