

Monday	Tuesday	Wednesday	Thursday	Friday
		<u>Yom Kippur Dinner</u> 1 Date and Honey Roasted Apples Beef Brisket Green Beans with Roasted Parsnips and Carrots Potato Latkas Marble Cake	2 <u>Lunch</u> Fruit Salad Tomato Basil Quiche Crunchy Vegetable Salad Black & White Cookies	3 Cucumber, Sour Cream and Dill Salad Sausage and Peppers Spinach with Pinenuts and Raisins Potato Leek Torte Vanilla Cake
6 Clam Chowder Coconut Shrimp Orzo Pilaf Parmesan Cauliflower Cheesecake	7 Tomato Soup Mini Meatloaf with Gravy Mashed Sweet Potatoes Peas and Carrots Mango Mousse Cake	8 <u>Ridge</u> Caesar Salad Eggplant Parmesan Italian Bread Cannoli	9 <u>Lunch</u> Tomato, Mozzarella, & Basil Salad BBQ Pulled Chicken on Slider Rolls Creamy Coleslaw Lemon Cookies	10 Tri Color Salad Kielbasa & Kraut Sour Cream Steamed Broccoli Pierogis Fruit Tart
13 Shrimp Cocktail Panko Tilapia Rosemary Root Vegetables Fingerling Potatoes Chocolate Pecan Pie	14 Tomato Cucumber Salad Cheeseburger Creamy Coleslaw Wedge Fries Watermelon Wedge	15 <u>Asian Delight</u> Wonton Soup General Tso's Chicken Vegetables Rice Crunchy Noodles Almond Cookies	16 <u>Lunch</u> Tortellini Pasta Salad Corned Beef Reuben Pickles Chips Chocolate Chip Cookies	17 Quinoa & Spinach Salad Vegetable Lasagna Garlic Knots Red Velvet Cake
20 <u>Birthday Dinner</u> Vegetable Soup Salisbury Steak Grilled Vegetables Cornbread Stuffing Napoleon Cake	21 Wedge Salad Pistachio Crusted Salmon Vegetable Medley Rice Pilaf Chocolate Mousse Cake	22 <u>Bernard's Café</u> Tossed Salad Roasted Pork Loin Carrots Mashed Potatoes Oreo Mousse	23 <u>Lunch</u> Tabbouleh Salad Turkey, Bacon and Cheddar on a Pretzel Roll Potato Salad Brownie	24 Caesar Salad Chicken Parm over Spaghetti Roasted Asparagus Lemon Meringue Pie
27 Greek Green Salad Falafel and Mediterranean Chicken w/Tzatsiki Sauce Tabbouleh Pita Chips Green Pasta Salad Key Lime Pie	28 <u>Halloween Dinner</u> Broccoli Cheddar Soup Beef Short Ribs Honey Glazed Carrots Potatoes Au Gratin Halloween Cookies	29 <u>Asian Delight</u> Spring Roll Pork Lo Mein Vegetables Crunchy Noodles Almond Cookies	30 <u>Lunch</u> Cous Cous Salad Tuna Salad over Greens Dinner Roll Apple Pie	31 No Meal Bingo

Call 908-221-0266, email srivers@ridgeoak.org, or use the Touchtown app to sign up.